



Zeta Phi Beta Sorority, Inc.
Rho Delta Zeta Chapter

P.O. Box 980154
Ypsilanti, MI 48198

2022-2023 Committee Report

Committee : Health & Wellness

Committee Chair: Airica Moore

Email: 734-773-2319

Phone: 734-773-2319

Date Submitted: 10/5/22

Next Meeting:

Committee Members: Tamiah Cunningham, Cassandra D. James, Alana Brown, Cherelle Barksdale, Dymon , Jazmine Harrison, Keisha Toole, Latasha Morris, Mesha Terrell, Vanessa Jackson

Report

Main Objectives/Goals of the Committee:

The Health and Wellness committee has the goal of focus on the health and wellness of the chapter, by doing different wellness and fitness based actives during the year.

Summary of Recent Activities and Accomplishments:

Start planning for the Women's Seminar that will be taking place in the Spring.

Action Items:

The Dynamic and Innovative Chapter



Zeta Phi Beta Sorority, Inc.
Rho Delta Zeta Chapter

P.O. Box 980154
Ypsilanti, MI 48198

2022-2023 Committee Report
Continued

Recommendations/Motions Coming from the Committee (if applicable):

Forward Planning:

Upcoming Events (if applicable):

Women's Health Seminar

Additional Notes:

Signature: Airica Moore

The Dynamic and Innovative Chapter